# Package 'spiritR'

July 23, 2025

Title Template for Clinical Trial Protocol

Version 0.1.1

Description Contains an R Markdown template for a clinical trial protocol adhering to the SPIRIT statement. The SPIRIT (Standard Protocol Items for Interventional Trials) statement outlines recommendations for a minimum set of elements to be addressed in a clinical trial protocol. Also contains functions to create a xml document from the template and upload it to clinicaltrials.gov<a href="https://www.clinicaltrials.gov/">https://www.clinicaltrials.gov/</a> for trial registration.

URL https://github.com/awconway/spiritR

BugReports https://github.com/awconway/spiritR/issues

**License** MIT + file LICENSE

**Encoding** UTF-8

LazyData true

Imports xml2, httr, magrittr

RoxygenNote 6.1.1

Suggests testthat, knitr, rmarkdown, pkgdown, covr

VignetteBuilder knitr

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Author Aaron Conway [aut, cre] (ORCID:

<https://orcid.org/0000-0002-9583-8636>)

Maintainer Aaron Conway <aaron.conway@utoronto.ca>

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# Description

These functions add arms, interventions, primary and secondary outcomes as well as conditions and keywords to an xml document created using the create\_ctxml() function. Calls to these functions should not be assigned to an object.

# Usage

```
add_arm(ctxml, arm_label, arm_type, arm_desc)
add_intervention(ctxml, int_name, int_type, int_desc, arm_label)
add_pr_outcome(ctxml, name, time, description)
add_sec_outcome(ctxml, name, time, description)
add_condition(ctxml, condition)
add_keyword(ctxml, keyword)
```

# Arguments

ctxml	A xml document generated from the create_ctxml() function
arm_label	Label assigned to arm of clinical trial. Arm means a pre-specified group or subgroup of participant(s) in a clinical trial assigned to receive specific intervention(s) (or no intervention).
arm_type	Either Experimental, Active comparator, Placebo Comparator, Sham Comparator, No Intervention, or Other.
arm_desc	Description of the arm.
int_name	Name of the intervention. For a drug, it is the generic name.
int_type	Drug, Device, Biological/Vaccine, Procedure/Surgery, Radiation, Behavioural, Genetic, Dietary Supplement, Combination Product, Diagnostic Test, or Other.
int_desc	Other details about the intervention not included in name.

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name Name of outome measure.

time Time point(s) at which the measurement is assessed.

description Other details about the outcome measure not included in the name

condition MeSH term for condition being studied in the trial, or Focus of the Study

keyword Words or phrases that best describe the protocol. Keywords help users find

studies in the database.

#### **Details**

• add\_arm(): Adds an xml nodespace containing information about the arm name, type and description to the xml document.

- add\_intervention(): Adds an xml nodespace containing information about the intervention name, type, description and arm it is associated with to the xml document.
- add\_pr\_outcome(): Adds an xml nodespace containing information about the outcome name, time frame for measurement and additional descriptive details to the xml document.
- add\_sec\_outcome(): Adds an xml nodespace containing information about the outcome name, time frame for measurement and additional descriptive details to the xml document.
- add\_condition(): Adds an xml nodespace containing a MeSH term for the condition being studied in the trial, or Focus of the Study to the xml document.
- add\_keyword(): Adds an xml nodespace containing a Words or phrases that best describe the protocol. Keywords help users find studies in the database to the xml document.

#### Value

A xml document

```
args_ctxml <- list(</pre>
org_name = "UHNToronto",
org_study_id = "Foo trial 20190806",
brief_title = "Foo trial to test auto upload 20190806",
study_acronym = "N/A",
official_title = "Foo trial to test auto upload: A randomized trial new 20190806",
agency = "Aaron Conway",
resp_party_type = "Sponsor-Investigator",
investigator_username = "aconway",
investigator_title ="Assistant Professor",
brief_summary = "Lay summary here",
start_date = "2019-10",
primary_compl = "2020-12"
study\_compl = "2020-12",
int_subtype = "Health Services Research",
phase = "N/A",
assignment = "Parallel",
allocation = "Randomized",
no_masking = "False",
masked_subject = "True",
```

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```
masked_caregiver = "True",
masked_investigator = "True",
masked_assessor = "True",
number_arms = 2,
sample_size = "40",
eligibility_criteria = "Inclusion Criteria
- Adults
Exclusion Criteria
- Children",
healthy_volunteers = "No",
genders_included = "Both",
gender_based = "No",
min_age = "1 years",
max_age = "N/A",
#Central contact
contact_first_name = "Aaron",
contact_last_name = "Conway",
contact_degrees = "PhD",
contact_phone = "649-728-8499",
contact_email = "aaron.conway@utoronto.ca",
#Overall official
official_first_name = "Aaron",
official_last_name ="Conway",
official_degrees = "PhD",
official_affiliation = "UHN",
official_role = "Study Principal Investigator",
#Sharing statements
ipd_sharing = "Yes",
ipd_description = "details",
ipd_protocol = "True",
ipd_sap = "True",
ipd_icf = "True",
ipd_csr = "True",
ipd_code = "True",
ipd_time = "details",
ipd_criteria = "details",
ipd_url = "http://www.aaronconway.info"
)
ctxml <- do.call(create_ctxml, args_ctxml)</pre>
 add_arm(ctxml = ctxml,
         arm_label = "Standard",
         arm_type = "Active Comparator",
         arm_desc = "Manual upload to registry")
add_intervention(ctxml = ctxml,
                 int_type = "Device",
                 int_name = "Registry entry",
                 int_desc = "The usual way to enter to the registry",
                 arm_label = "Standard")
```

create\_ctxml

Creates xml document for upload to clinicaltrials.gov

#### **Description**

This function will create an xml document conforming to clinicaltrials.gov requirements for automatic upload to the registry

# Usage

```
create_ctxml(org_name, org_study_id, brief_title, study_acronym,
  official_title, agency, resp_party_type, investigator_username,
  investigator_title, brief_summary, start_date, study_compl,
  primary_compl, int_subtype, phase, assignment, allocation, no_masking,
  masked_subject, masked_caregiver, masked_investigator, masked_assessor,
  number_arms, sample_size, eligibility_criteria, healthy_volunteers,
  genders_included, gender_based, min_age, max_age, official_first_name,
  official_last_name, official_degrees, official_role,
  official_affiliation, contact_first_name, contact_last_name,
  contact_degrees, contact_phone, contact_email, ipd_sharing,
  ipd_description, ipd_protocol, ipd_sap, ipd_icf, ipd_csr, ipd_code,
  ipd_time, ipd_criteria, ipd_url)
```

#### Arguments

org_name	The code for the organisation name associated with your PRS clinicaltrials.gov log-in details.
org_study_id	Must be a unique study number from the organization. Sometimes it is the number associated with the funding received or submission for institutional approval.
brief_title	Brief title for the study with a limit of 300 characters

study\_acronym limit to 14 characters or enter n/a official\_title Study title limited to 600 characters

agency Name of the lead sponsor. This would be the name of the principal investigator

if it is a Sponsor-Investigator trial.

resp\_party\_type

Either: Sponsor; Principal Investigator (responsible party designated by sponsor) or Sponsor-Investigator (individual who initiates and conducts study).

investigator\_username

The username associated with your clinicaltrials.gov log-in

investigator\_title

Offical title e.g. Assistant Professor

brief\_summary A short description of the clinical study, including a brief statement of the clini-

cal study's hypothesis, written in language intended for the lay public. Limit is

5000 characters.

start\_date Anticipated start date written in yyyy-mm format

study\_compl The anticipated date (written in yyyy-mm) that the final participant was exam-

ined or received an intervention for purposes of final collection of data

primary\_compl Anticipated date written in yyyy-mm-dd format. The date that the final partici-

pant was examined or received an intervention for the purposes of final collec-

tion of data for the primary outcome.

int\_subtype Either: Treatment; Prevention; Diagnostic; Supportive Care; Screening; Health

Services Research; Basic Science; Device Feasibility; or Other.

phase Either: N/A (for trials that do not involve drug or biologic products); Early Phase

1; Phase 1/Phase 2; Phase 2; Phase 2; Phase 3; Phase 3; or Phase 4.

assignment Either: Single group; Parallel; Crossover; Factorial; or Sequential.

allocation Either: Randomized; or Non-randomized.

no\_masking True/False masked\_subject True/False

masked\_caregiver

True/False

masked\_investigator

True/False

masked\_assessor

True/False

number\_arms Number of arms. "Arm" means a pre-specified group or subgroup of partici-

pant(s) in a clinical trial assigned to receive specific intervention(s) (or no inter-

vention) according to a protocol.

sample\_size Planned sample size

eligibility\_criteria

Textbox containing both inclusion and exclusion criteria

healthy\_volunteers

Trial is recruiting healthy volunteers for participation. Answer is either: Yes; or

No.

genders\_included

Either: Female; Male; or Both.

gender\_based If applicable, indicate if eligibility is based on self-representation of gender iden-

titiy. Answer is either: Yes; or No.

min\_age Numeric with years - e.g. 16 years or 'N/A (No Limit)'

max\_age Numeric with years - e.g. 80 years or 'N/A (No Limit)'

official\_first\_name

Overall official first name

official\_last\_name

Overall official last name

official\_degrees

Overall official degrees/qualifications

official\_role Either: Study Chair; Study Director or Study Principal Investigator.

official\_affiliation

Full name of the official's organization. If none, specify Unaffiliated.

contact\_first\_name

Central contact first name

contact\_last\_name

Central contact last name

contact\_degrees

Central contact's degrees/qualifications

contact\_phone Central contact phone number

contact\_email Central contact email

ipd\_sharing Indicate whether there is a plan to make individual participant data (IPD) col-

lected in this study, including data dictionaries, available to other researchers

(typically after the end of the study). Either: Yes; No; Undecided.

ipd\_description

If yes, describe the IPD sharing plan, including what IPD are to be shared with

other researchers.

ipd\_protocol Study protocol to be shared: True/False

ipd\_sap Statistical analysis plan to be shared: True/False

ipd\_icf Information consent form to be shared: True/False

ipd\_csr Clinical study report to be shared: True/False

ipd\_code Analytic code to be shared: True/False

ipd\_time A description of when the IPD and any additional supporting information will

become available and for how long, including the start and end dates or period

of availability. Limit 1000 characters.

ipd\_criteria Describe by what access criteria IPD and any additional supporting information

will be shared, including with whom, for what types of analyses, and by what

mechanism. Limit 1000 characters.

ipd\_url The web address, if any, used to find additional information about the plan to

share IPD.

### Value

A xml document

```
args_ctxml <- list(</pre>
org_name = "UHNToronto",
org_study_id = "Foo trial 20190806",
brief_title = "Foo trial to test auto upload 20190806",
study_acronym = "N/A",
official_title = "Foo trial to test auto upload: A randomized trial new 20190806",
agency = "Aaron Conway",
resp_party_type = "Sponsor-Investigator",
investigator_username = "aconway",
investigator_title ="Assistant Professor",
brief_summary = "Lay summary here",
start_date = "2019-10",
primary\_compl = "2020-12",
study\_compl = "2020-12",
int_subtype = "Health Services Research",
phase = "N/A",
assignment = "Parallel",
allocation = "Randomized",
no_masking = "False",
masked_subject = "True"
masked_caregiver = "True",
masked_investigator = "True",
masked_assessor = "True",
number_arms = 2,
sample_size = "40",
eligibility_criteria = "Inclusion Criteria
- Adults
Exclusion Criteria
- Children",
healthy_volunteers = "No",
genders_included = "Both",
gender_based = "No",
min_age = "1 years",
max_age = "N/A",
#Central contact
contact_first_name = "Aaron",
contact_last_name = "Conway",
contact_degrees = "PhD",
contact_phone = "649-728-8499",
contact_email = "aaron.conway@utoronto.ca",
#Overall official
official_first_name = "Aaron",
official_last_name ="Conway",
official_degrees = "PhD",
official_affiliation = "UHN",
official_role = "Study Principal Investigator",
#Sharing statements
```

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```
ipd_sharing = "Yes",
ipd_description = "details",
ipd_protocol = "True",
ipd_sap = "True",
ipd_icf = "True",
ipd_csr = "True",
ipd_code = "True",
ipd_code = "True",
ipd_time = "details",
ipd_criteria = "details",
ipd_url = "http://www.aaronconway.info"
)
ctxml <- do.call(create_ctxml, args_ctxml)</pre>
```

print\_ctxml

Print xml document created using spiritR

### **Description**

This function allows you to easily view the structure of the xml document generated using the create\_ctxml() function

#### **Usage**

```
print_ctxml(ctxml)
```

### **Arguments**

ctxml

The xml document generated by a call to create\_ctxml()

```
args_ctxml <- list(</pre>
org_name = "UHNToronto",
org_study_id = "Foo trial 20190806",
brief_title = "Foo trial to test auto upload 20190806",
study_acronym = "N/A",
official_title = "Foo trial to test auto upload: A randomized trial new 20190806",
agency = "Aaron Conway",
resp_party_type = "Sponsor-Investigator",
investigator_username = "aconway",
investigator_title ="Assistant Professor",
brief_summary = "Lay summary here",
start_date = "2019-10",
primary\_compl = "2020-12",
study_compl = "2020-12",
int_subtype = "Health Services Research",
phase = "N/A",
assignment = "Parallel",
```

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```
allocation = "Randomized",
no_masking = "False",
masked_subject = "True",
masked_caregiver = "True",
masked_investigator = "True",
masked_assessor = "True",
number_arms = 2,
sample_size = "40",
eligibility_criteria = "Inclusion Criteria
- Adults
Exclusion Criteria
- Children",
healthy_volunteers = "No",
genders_included = "Both",
gender_based = "No",
min_age = "1 years",
max_age = "N/A",
#Central contact
contact_first_name = "Aaron",
contact_last_name = "Conway",
contact_degrees = "PhD",
contact_phone = "649-728-8499",
contact_email = "aaron.conway@utoronto.ca",
#Overall official
official_first_name = "Aaron",
official_last_name ="Conway",
official_degrees = "PhD",
official_affiliation = "UHN",
official_role = "Study Principal Investigator",
#Sharing statements
ipd_sharing = "Yes",
ipd_description = "details",
ipd_protocol = "True",
ipd_sap = "True",
ipd_icf = "True",
ipd_csr = "True",
ipd_code = "True",
ipd_time = "details";
ipd_criteria = "details",
ipd_url = "http://www.aaronconway.info"
ctxml <- do.call(create_ctxml, args_ctxml)</pre>
print_ctxml(ctxml)
```

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### **Description**

This function will make a http POST request to upload a XML document to the clinicaltrials.gov registry.

#### Usage

```
upload_ctxml(ctxml, org_name, user_name, password)
```

# Arguments

ctxml A xml document created using create\_ctxml() and updated with any add\_arms(),

add\_interventions(), add\_pr\_outcomes() and add\_sec\_outcomes() that may be

required.

org\_name The organisation name associated with a clinicaltrials.gov account

user\_name Username for a clinicaltrials.gov account password Password for a clinicaltrials.gov account

# Value

A message from a http post request to show that the upload was successful or unsuccesful

```
## Not run:
upload_ctxml(ctxml = ctxml, org_name ="UHNToronto", user_name = "aconway",
    password = "password")
## End(Not run)
```

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